Queensland Health

5 Facts about water fluoridation

fluoride



Good oral hygiene + healthy eating + water fluoridation = good oral health



Adding a small amount of fluoride to the water system doesn't change the taste or smell of water and is a safe and effective way to protect against tooth decay.



Every other state and territory has enjoyed the benefits of water fluoridation for more than 30 years.



Drinking fluoridated water is good for people of all ages including young children, pregnant women and older people.



Extensive scientific research confirms water fluoridation is not associated with any ill health effects.

Ask your dental professional for more information or go to www.health.qld.gov.au/fluoride

13 HEALTH (13 43 25 84) • www.health.gld.gov.au/13health

For more information contact Queensland Health, Office of the Chief Dental Officer GPO Box 48, Brisbane Qld 4001 oral_health@health.qld.gov.au • www.health.qld.gov.au/fluoride

